

Monthly Programme Report
M.S.M College, Kayamkulam BMC

Institution Name: **M.S.M College, Kayamkulam**

BMC Code: **ALP/2014/26**

Programme Title: **Nattarivu padanam silpasa- Folklore seminar Based on Traditional Knowledge system, seminar on carbon neutral and carbon footprint**

Program Category: Awareness program(Seminars/symposia/workshops/others)	Activity Type: Awariness Program	No.of participants: 50
Planned Date: 26-03-2025	Renewed date: -	Program Date: 26-03-2025
Budgeted Amount: Rs 6000/-	Total expenditure: Rs 6000/-	Balance: Rs 0/-

Brief Report

Nattarivu Padanam Silpasa- Folklore Seminar Based on Traditional Knowledge System

A one day seminar on Nattarivu padanam based on Traditional Knowledge system of Kerala was organised by Bhoomithrasena club and Performing arts and Folklore club in association with PG Department of Malayalam on 26.03.25 at the Conference Hall of MSM College Kayamkulam. Dr.Lekha S Babu, HOD Department of Malayalam delivered the presidential address. The seminar was inaugurated by Dr. A Mohammad Thaha, the principal MSM College Kayamkulam. Resource persons were from Nattarivu padana kendram, Muzhikulamsala.

The first session on 'Marunna Malayanma Prathisanthiyum Prathivithikalum' was taken by Sri. V. K Sreedharan. He took students to the past age customs and the way in which our forefathers lived in harmony with nature.

Second session was handled by Sri.T.R Premkumar on 'Poojam bhashadooram and displayed and detailed the traditional 'Kollavarsha calendar'. He emphasized on the seasonal foods and agricultural practices we were focusing traditionally. Those foods are very important for maintaining our health. If we continue practicing cultivation of them we can avoid inorganic fruits and vegetables that are imported from other regions. In olden days our kitchens were treated as an area of preparing food and medicine. The traditional songs related to seasonal usage of food were explained. This session gave the insight that most of the traditional food itself acted as medicine.

The afternoon session on 'Carbon footprint and Carbon neutral' was handled by Sri. E P Anil. The class was on how we can reduce greenhouse gas emissions and thus mitigating the global warming. The three sessions were informative and students interacted well. The program ended by 5.00 pm.

Expenditure Statement

Item	Expenditure	Remarks
Remuneration for 3 Resource persons	Rs 6000	2000 for each resource person, total 6000
Budgeted Amount		Rs 6000
Total Expenditure		Rs 6000
Balance Amount		Rs 0

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